



Puster Valley - based in one hotel

The valley cycle paths of the Dolomites.

Along the foot of the Dolomites you cycle without noteworthy climbs, along new valley bike paths, with classic sections of „Toblach – Lienz“ and the „Dray cycle path“. Lake Toblacher See, the view onto the mountain group Drei Zinnen as well as typical villages and lots more will stay in your mind for a long time... From your hotel in the Upper Puster valley you start to your daily bike tours. The program can be planned individually and guarantees pure bike fun, no matter if sportive or with pleasure. The bike tours are leading you into the side valleys of Upper Puster valley to Sexten and Gsies and along the disused railway of the Dolomites railway to Cortina d'Ampezzo. The routes are starting on the highest point, therefore you cycle comfortable and downhill back to your starting point.



7 Days / 6 Nights



Individual

To the online version



Itinerary

DAY
1

Arrival in Hochpustertal (Niederdorf/Toblach)

Individual arrival to the Upper Puster valley, to your start hotel in the heart of the Dolomites (Niederdorf/Toblach).

DAY
2

Puster valley cycle path along the Rienz river: Niederdorf/Toblach - Bruneck

approx. 25/60 km

Starting from the highest point in Niederdorf/Toblach the bike paths leads along river Rienz through the villages of the valley to Bruneck. Visit castle Bruneck with the Messner Mountain Museum and the outdoor museum in Dietenheim. Ambitious cyclists have the possibility to continue to the valley Tauferer Ahrntal next to the river Ahr, the castle of Taufer (+ 30km) awaits you. Return transfer to the hotel in the afternoon.

DAY
3

Sextner valley: From the Sextner Dolomites to Niederdorf/Toblach

approx. 25 - 40 km

After a transfer into valley Fischleintal, the starting point of today, you start your bike tour. Some well-known Dolomites peaks are greeting you during your tour through the Sextner valley. You cycle out of the valley to Innichen (famous roman dome!). After refreshment at the origin of river Drau you return to your hotel. Ambitious cyclists extend the tour – start from Kreuzbergpass, via Nemesalm and along Helm. For sporty cyclists, it is possible to climb a few more metres and return to the starting hotel via the Innichberg.

DAY
4

Drau cycle path: classic route "Toblach-Lienz"

approx. 50-55 km

You leave Niederdorf/Toblach. First you reach Innichen, afterwards you cross the Italian-Austrian border in the near of Winnebach. Comfortable cycling to Lienz, which is located at the meeting of rivers Isel and Drau. Worth-seeing is the old city and castle Bruck. Return transfer to the hotel in the afternoon.

DAY
5**Dolomites railway bike path: Cortina d'Ampezzo -
Niederdorf/Toblach**

approx. 30 km

Tomorrow a transfer will take you to Cortina. Going along a unique route, where former railway tunnels are lit up for cyclists, you will reach the high point in Gemärk/Cimabanche. From there, you will descend slightly to Lake Dürren and then continue going further along to the viewpoint of the Drei Zinnen, where you can enjoy looking at these fantastic, world famous mountains. You will cycle along the valley bottom until you get to Lake Toblach before returning to the hotel. If you are feeling ambitious you can cycle from Niederdorf/Toblach to Cortina and back(60-70km).

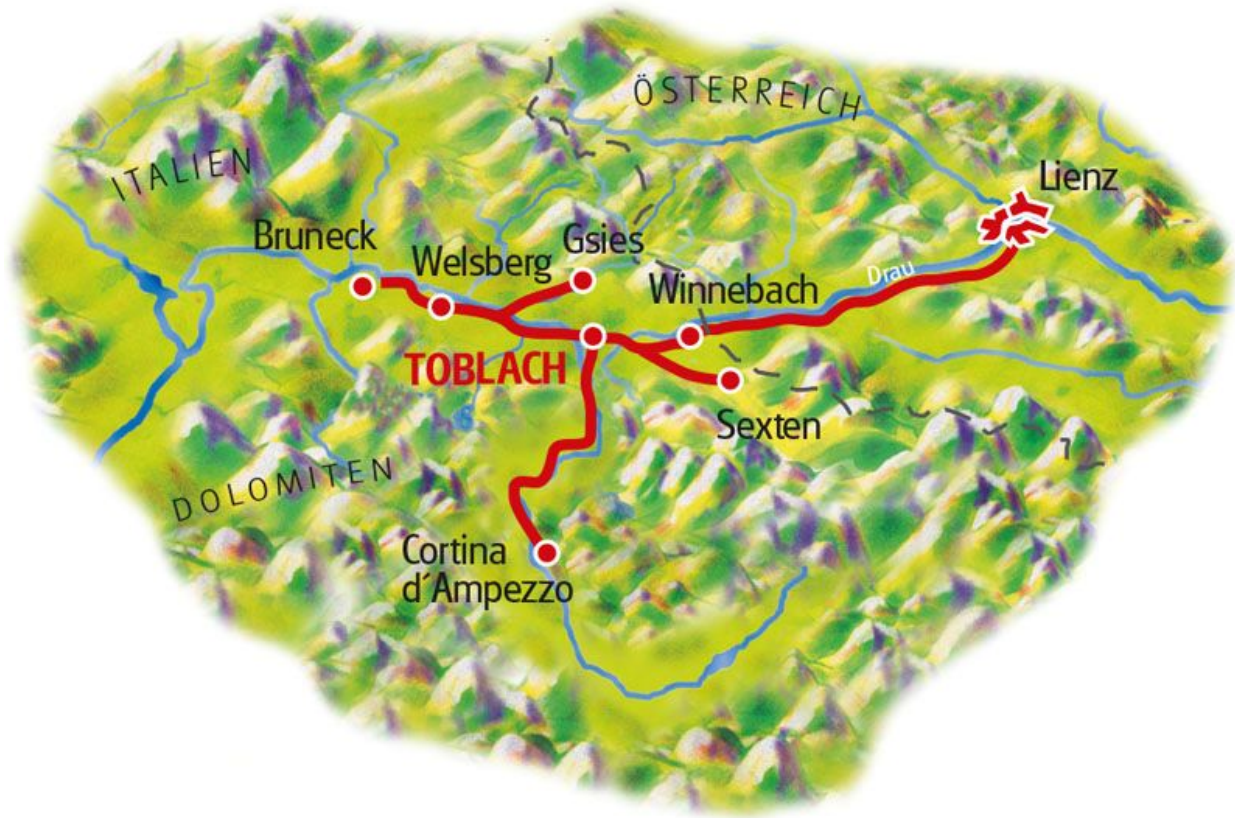
DAY
6**Gsieser valley to Niederdorf/Toblach** | approx. 55 km

After breakfast transfer to your starting point in the Gsieser valley. This valley is coined through traditional farm houses, silence and tranquillity. In Welsberg you can visit the palace or you plan a stop in Niederdorf where you will find facilities for treatments according to Kneipp.

DAY
7**Departure or extension**

Tour character

An easy bike tour, also adequate for families. You cycle on valley bike paths without noteworthy climbs. You can choose the daily kilometres and adapt the transfer by minibus or train most of the time. Furthermore you can also rest for a day.



Prices and events

Place of arrival: Toblach/Niederdorf

	Season 1 25.05.2024 - 14.06.2024 14.09.2024 - 21.10.2024 Arrival daily	Season 2 15.06.2024 - 02.08.2024 25.08.2024 - 13.09.2024 Arrival daily
Puster Valley - based in one hotel, 7 days, IT-DMRHO-07X		
Base price	949.00	1,079.00
Surcharge single room	229.00	229.00

Hotels: 4**** Hotel in Toblach/Niederdorf

Our rental bikes

	Filter
21-gear unisex	99.00
Electric bike	219.00
21-gear gents	99.00
Rental bike PLUS	149.00

Prices per person in EUR

Services and infos

Services

- Accomodations as already mentioned
- Breakfast buffet or extended breakfast
- Half board: Min. three-course-dinner
- Well-developed route
- Detailed travel documents 1x per room
- Transfers as mentioned in the program (transfers can vary depending on arrival)
- GPS-data
- Service-hotline

Infos

Arrival / Parking / Departure

- Train station Niederdorf and Toblach
- Airport Treviso and Venice Marco Polo
- Car park free of charge at the hotel or close to the hotel on a public car park

Please note:

- Tourist tax, if due, is not included in the price!
- Depending on your arrival day the order of the excursions may change.

Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.

☎ +43771770047

✉ office@radreiseFreunde.at

Book now

