









# Innsbruck - Gardasee

## Throughe Orchards and Vineyards on the Adige Cycle Path.

On this tour you will come across well-known cities such as Innsbruck, Merano and Trento. The rivers Inn and Adige lead you via Lake Reschensee and Lake Caldaro to Lake Garda. Impressive mountain ranges form an incredible panorama. From Reschen to Lake Garda you will cycle past beautiful orchards and vineyards: The time between blossoming and harvesting is the best cycling season on the southern slopes of the Alps.

### Classic



8 Days / 7 Nights



Individual

### To the online version



# Itinerary

DAY  
1

## Arrival in Innsbruck

Welcome briefing and bike fitting. For the rest of the day, we recommend visiting Innsbruck's famous old town with its city tower and its "Golden Roof".

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DAY  
2

## Innsbruck – Imst | approx. 65 km

You will pedal on the former towpath along the river Inn, at the foot of the Martinswand (mountain face) and through little villages and market towns to Stams (baroque Cistercian convent). Then, you will continue your tour via Haiming to Imst, the so-called "Merano of North Tyrol".

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DAY  
3

## Imst – Burgeis/Mals | approx. 50 km + bus transfer

Today, you will cycle along the river Inn, past the monastery Zams to Landeck. A bus will take you to Nauders from where you will cycle less than 100 metres in altitude uphill to the mountain pass Reschenpass. From there, you will cycle downhill to Lake Reschensee and continue on minor roads to Mals (many towers in the centre) or to Burgeis at the foot of the castle Marienburg.

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DAY  
4

## Burgeis/Mals – Meran | approx. 65 km

Your day starts with a trip to Glurns (perfectly preserved medieval city walls). Then, you will cycle via the Montani ruins, through Schlanders, down to Merano. On your way, you will come across some pretty castles (mountaineer Reinhold Messner's castle Juval) and you will get marvellous views of the impressive mountain massif Ortlermassiv and the mountain pass Stilfserjoch. Since 2004, the Venosta train (Vinschgaubahn) has been operating again between Mals and Merano. You can almost always take this train to travel a part of your journey.

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DAY  
5**Meran – Auer** | approx. 55 km

Today's stage will take you via Lana (Schnatterpeck Altar) and through numerous orchards and vineyards in the area of the South Tyrolean Wine Road, past many fortresses, castles, and ruins such as Hocheppan (famous frescos), to Lake Caldaro. You will stay overnight in the cosy wine town, Auer.

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DAY  
6**Auer – Trient** | approx. 45 km

On the sixth day, you will cycle mostly along the river Adige, and partly through orchards to Salurn, where the German speaking South Tyrol ends. The famous Trentino vineyards are located next to the dam ways. These ways lead you to Trento with its lovely old town, cathedral and castle Buonconsiglio.

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DAY  
7**Trient – Riva/Torbole** | approx. 50 km

Today, you will cycle on bike paths along the river Adige via the old Tyrolean border town of Rovereto to Mori. From here, the route leads westward to Lake Garda. In Mori you will taste the world famous pistachio ice-cream in the Gelateria Bologna. After a short climb onto Passo S. Giovanni (150 metres), you will head down to the lake to Torbole or Riva.

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DAY  
8**Departure or extension**



# Tour character

You will cycle on beautiful bike paths in the river valleys of the Inn and Adige and on numerous service roads between orchards and vineyards. You will be taken from the Inntal valley to the mountain pass Reschenpass. From there, you can enjoy cycling downhill for more than 1,200 metres in altitude. In between, cycling up some small climbs will be necessary.



# Prices and events

Place of arrival: Innsbruck

	Season 1 27.04.2024 - 10.05.2024   28.09.2024 - 06.10.2024   Arrival Saturday and Wednesday	Season 2 11.05.2024 - 24.05.2024   07.09.2024 - 27.09.2024   Arrival Saturday and Wednesday	Season 3 25.05.2024 - 06.09.2024   Arrival Saturday and Wednesday
Innsbruck - Lake Garda, 8 days, AT-ETRIG-08X			
Base price	1,189.00	1,279.00	1,339.00
Surcharge single room	309.00	309.00	309.00

Category: 3\*\*\* and 4\*\*\*\* hotels

# Additional nights

Place of arrival: Innsbruck

	Season 1 Apr 27, 2024 - May 10, 2024   Sep 28, 2024 - Oct 6, 2024   Arrival Saturday and Wednesday	Season 2 May 11, 2024 - May 24, 2024   Sep 7, 2024 - Sep 27, 2024   Arrival Saturday and Wednesday	Season 3 May 25, 2024 - Sep 6, 2024   Arrival Saturday and Wednesday
Innsbruck			
Double room p. P.	85.00	85.00	85.00
Single room	134.00	134.00	134.00
Riva/Torbole			
Double room p. P.	89.00	89.00	99.00
Single room	134.00	134.00	144.00

# Our rental bikes

Price

21-gears unisex incl. rental bike insurance	99.00
21-gear gents incl. rental bike insurance	99.00
rental bike PLUS incl. rental bike insurance	169.00
Electric bike incl. rental bike insurance	259.00

Prices per person in EUR



# Services and infos

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## Service

- Accommodation as already mentioned
- Breakfast buffet
- Welcome briefing
- Luggage transfer
- developed route
- Detailed travel documents 1x per room
- 1 Bus transfer from Landeck - Nauders, incl. your bike
- 1 x Pistachio ice-cream or 1 freshly squeezed fruit juice on the way to Lake Garda
- Navigation-app and GPS-data
- Rental bike insurance
- Service hotline

## Infos

### Arrival / Parking / Departure:


- Innsbruck train station
- Innsbruck and Munich airport
- Multi storey car park costs € 17,- per day; to be paid for at the time, no reservation possible
- Return transfer by minibus to Innsbruck every Saturday morning, this costs € 99,- per person, extra € 29,- for the transfer of your own bike, reservation is necessary, to be paid in advance
- Public bus from Riva/Torbole to Rovereto, good train connections from Rovereto to Innsbruck

### Please note:

- Where visitor's tax is due, it is not included in the tour price!

# Contact & booking

Do you still have questions about the tour? We are happy to help and look forward to your inquiry.

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 office@radreisefreunde.at

**Book now**